CASA NEWS

No 150, October 2026

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.

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Newsletter Editor: Olga Coetzee 082 454 2140

Golf day

Our golf day was a success thanks to everyone who helped out, donated prizes and items for auction, and of course the players. Thank you!

Right: The enthusiastic office team from Casa Caritas: Natanya, Lorinda and Adri.

Anton from Printing4U donated 6 cases (144 bottles) of water for our golf day. Thank you!







Our raffle basked made a whopping R6 150,00 and the champagne sold for R1 700,00.



The winning team was GreenJobs: Moses Lekandeni, Adrian Erasmus, Kenneth Baaitjies en Robert Adam.



We are happy to announce that we have contracted **Coetzee Human & Associates INC** to be our accountants again. They are an auditing and accounting firm situated on Atlas Road in Boksburg.

Director Annemart Coetzee said, “We started with the accounting work for Casa Caritas from May 2015. Casa Caritas and its cause, including the children and families, have become dear to us. “We have been appointed as Accountants and our pledge is to serve your offices and the parents with dedication, compassion, and with your best interest at heart. We will ensure accurate, timeous information, so that Casa Caritas can prosper.

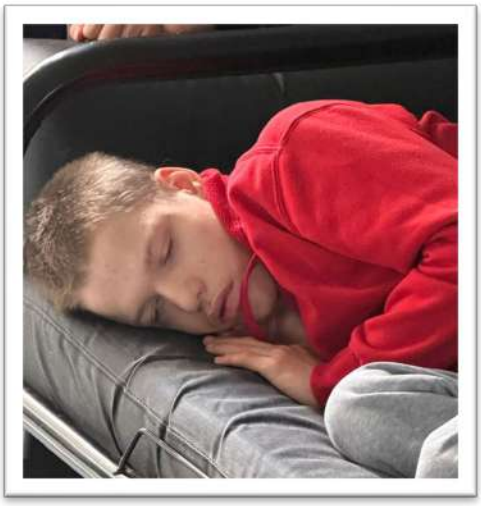
“It you have any queries, please WhatsApp or call me on 082-745-3919 or contact me per email on annemart@cha-inc.co.za



Albert from Enviro Cleaning Services cleaned seven of our carpets for free! It was much needed – we thought the carpet below was beige 😂😂😂).



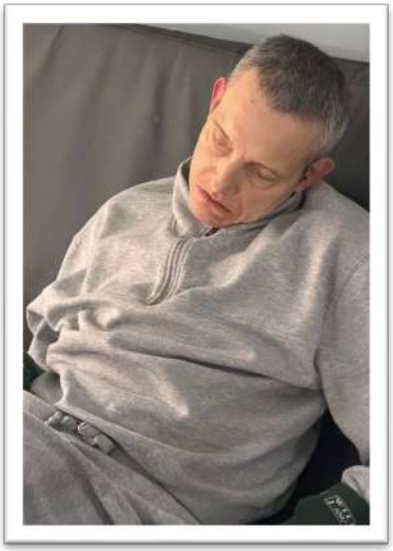
Hot summer day naps



Many people feel unusually sleepy, sluggish or mentally foggy during the summer months despite getting enough sleep at night. Doctors say excessive daytime sleepiness is a consequence of extreme heat and humidity, especially during prolonged heatwave conditions. Rising temperatures force the body to work harder to maintain a stable internal temperature, a process known as thermoregulation. This increased physiological effort can leave people feeling exhausted during the day.

Our residents enjoy their summer day naps. We caught Reagan (right), Morné (bottom left), Phillip (bottom centre) and Glen (bottom right) on camera.







Vegetable garden – donations request

We would like to replant our vegetable garden and we are requesting donations of seed and seedlings.



Life with love at Casa Caritas

Ronele was having a bad day. Sister Bongi put her in bed, gave her medicine and then Adri noticed on the CCTV camera how Sister even lay with her a while to comfort her. That is kind of love that is shared at our Home.





Happy birthday!

Jaydee Holtzhausen (14)
5 October



Jaydee enjoyed his chocolate cake very much!



Amanda Nel (42)
8 October



Aimee Bagley (23)
24 October



Sammy Chauke (30)
22 October





YOU ARE INVITED TO

CASA CARITAS

Christmas TREE

DECEMBER

SUNDAY | 06 | At 09:00 am

7 DE VILLIERS AVENUE,
TERENURE, KEMPTON PARK

RSVP 27 NOVEMBER 2026



CASA CARITAS

Easy, free charity contribution



We get ± R900,00 per month from this fundraising initiative and it is easy and sustainable.

My School and Woolworths Rewards cards were discontinued from 30 June 2026. Donations for Casa Caritas shifted to Woolies My Difference. We kindly request our supporters to switch to using the virtual card on the Woolies App:

- Update to the latest version of the Woolworths App.
- Log in or register your profile.
- Tap Loyalty at the bottom of your screen.
- Under the Causes tab, search for and select Casa Caritas.
- ***Remember to swipe or tap your virtual card at the till when you shop!***

CLASSIFIED ADVERTISEMENTS

Casa News is distributed widely to parents, guardians, friends, and previous donors who will notice your advertisement. Place your small business advertisement in Casa News for only R50,00 per quarter page or R200,00 per full page.

Payment to Casa Caritas, Absa Bank, Current account no 260231812, Universal branch 632005. Send the advert with proof of payment to olga@olgacoetzee.com.

VACANT ROOMS AT CASA CARITAS

24/7 care for severely handicapped individuals

We have vacant rooms for residents and space for day visitors. Applicants should be both physically and mentally handicapped and they will be evaluated using our care protocol. For most residents, Casa Caritas becomes their life-long home away from home.

Apply to ceo@casacaritas.org.za.

You are also welcome to visit and explore our Home.

Help us save South African teenagers with suicidal thoughts!

LIGHT · HOPE · LIFE

The Sonneblom Foundation creates awareness of FREE teenage suicide prevention services in South Africa, and also supports the children in the service of these counsellors. Teenagers in distress may text the WhatsApp number for details on the counsellor available 24/7. Save this number on your child's phone and explain that they may use it when they need to, and conversations are kept confidential.

079 6677 034

SONNEBLOM DOT ORG DOT ZA

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