



CASA NEWS

No 149, September 2026

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.



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<https://www.facebook.com/profile.php?id=61552208365616>

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Spring day

We celebrated Spring on 1st September by encouraging staff to bring those uplifting colours out of the closet after the long, cold winter. On the photo below is Sister Sr. Bongji, Rejoice, Lolly, Nompumelelo, Cynthia, Dorcas and Mirriam at the back with Busi, Rose, Bonisile en Zama in front.





Thank you

Debbie from Kip Mc Grath Kempton Park (left with House Mother Rolinda Badenhorst) visited us on Spring Day with a large soap donation and creative Spring Day Lollipops. Thank you so much!



Welcome to Casa Caritas

We welcomed Glen Trollip, our newest resident, this month. Glen is 45 years old. He is already well liked.

Glen, we hope that you and your loved ones will experience many happy years in the Casa Caritas family.





Stop Gender-Based Violence

Gender-based violence (GBV) in South Africa is an entrenched systemic crisis, often described as a second pandemic alongside COVID-19. Statistical reports highlight exceptionally high rates of sexual offenses, domestic abuse, and femicide. Recently multiple women were found deceased in Ekurhuleni and the greater Gauteng.

People across South Africa wore black on Friday, 18 September 2026 in a national campaign to mourn victims of gender-based violence and femicide (GBVF).

Love should never hurt

Casa Caritas staff were encouraged to participate in this peaceful protest to honour the lives of women recently lost to violent crimes.

The call to show solidarity was heeded by our staff. In the photo below is Zama, Rose (at the back), Rejoice, Bonisile, Dorcas, Nompumelelo, Mirriam, Cynthia (back) and Busi.



Farewell to Marzanne and family

Marzanne Grobbelaar has lived in Casa Caritas since the age of four. She was part of our family for 35 years. She is moving to the Western Cape with her family.

Throughout the years her family members played important roles in our Home. Dad Leon was a Board Member and for some years the Chairman of the Board. Mom Christa worked at Casa Caritas as House Mother for a number of years. They were deeply involved in all our activities and fundraising events. Leon was the force behind our golf day for many years. Leon and Christa, we appreciate your energy and commitment and we are going to miss you. We wish you well with your move.

Most of all we will miss Marzanne, especially her smile! At her farewell on 23 September 2026 we gave her a duvet with photos to remember Casa Caritas.



Thank you

Jurie from **Renovations R Us** delivered a donation of groceries which is always much needed. Thank you very much!



Zoë from **Grace Baptist Church** delivered donations collected through their church project. Thank you, we appreciate the support!



Grace Baptist Church
Kempton Park

Two ladies representing **Hervormde Kerk Kempton** delivered their food donation for which we are deeply grateful.



Kemin has supported Casa Caritas in many ways for years. Their representative delivered a donation that included a laptop, white board, 3 kettles and a vacuum cleaner. Thank you very much for your generosity!



Volunteers from **MCS** paid a visit and helped us to feed residents, walk with them, and entertain them. We appreciate your time and the love you brought, Tshepiso, Snethemba, Mmapula, Panashe and Preseverance.



VACANT ROOMS AT CASA CARITAS

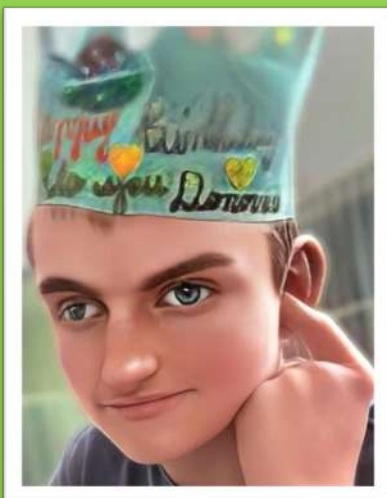
24/7 care for severely handicapped individuals

We have vacant rooms for residents and space for day visitors. Applicants should be both physically and mentally handicapped and they will be evaluated using our care protocol. For most residents, Casa Caritas becomes their life-long home away from home.

Apply to ceo@casacaritas.org.za.

You are also welcome to visit and explore our Home.

Donovan Du Plessis (20)
11 September



Katherine Stoltz (33)
29 September





Miss Junior Casa Caritas, Amelia Swanepoel

Amelia (right) said, "Ek het aan die MJ Casa Caritas kompetisie deelgeneem omdat dit my laat besef het hoe ongelooflik bevoorreg ek is. Ek kan my sport doen. Ek kan opstaan en my eie kleres aantrek sonder dat iemand my hoef te help. Dis goed wat ek altyd as vanselfsprekend aanvaar het.

"Daar is kinders en mense daar buite wat elke dag baklei vir goed wat vir my maklik is. Daarom het ek besluit om terug te gee. Ek het die helfte van my wengeld teruggegee. Nie omdat ek moes nie, maar omdat ek besef het: Ek het genoeg. En as ek genoeg het, is dit my plig om te deel.

"Wie hom oor die arme ontferm, leen aan die Here, en Hy sal hom sy weldaad vergelde". Spreuke 19:17.



Miss Senior Casa Caritas, Chloe Willmers



Fundraising winner, Zandrie Minnaar raised a whopping R34 000,00!



Thank you

We at Casa Caritas are eternally grateful to be the beneficiaries of this event. The Miss Casa Caritas fundraising project was a huge success.

Thank you to Mona from Figures, all the participants, judges, sponsors and everyone who worked so hard to create such a successful event.



Forwarded
My harde werk het afbetaal ❤️💛💚

Ek is baie trots om te kan sê dat ek deel was van 'n fondsinsamelingsprojek vir Casa Caritas, 'n organisasie wat mense met gestremdhede ondersteun en help.

Ek het baie hard gewerk om soveel moontlik fondse in te samel. Dit het baie tyd, moeite en deursettingsvermoë gevat. Ek moes aanhou probeer, selfs wanneer dit soms moeilik was en dit gevoel het asof my harde werk nie genoeg was nie. Ek het egter nie opgegee nie en het aangehou om my beste te doen.

Al die ure, moeite en energie wat ek ingesit het, het uiteindelik afbetaal. Ek is ongelooflik trots om te sê dat ek gewen het vir die meeste fondse wat vir Casa Caritas ingesamel is! 🏆👑

Hierdie ervaring het my geleer dat harde werk, vasberadenheid en om nooit op te gee nie, uiteindelik 'n groot verskil kan maak. Ek is baie dankbaar vir almal wat my ondersteun het. ❤️💛💚

19:49

We are proud that Casa Caritas was well represented among the contestants. On the photo left is House Mother Rolinda Badenhorst's daughter, Zandrie (left) and Operations Manager Natanya Holtzhausen's daughters, Carli (middle) and Minke (right), who participated in the event.



Heritage Day

On 23 September 2026 our staff celebrated Heritage Day by dressing up beautifully. Front: Joyce and Nthabiseng. Back: Sister Bongzi, Johanna, Vicky, Nadia, Fredda, Sophie, Cynthia.



Annual General Meeting (AGM)

13th October 2026, 19:30

The Casa Caritas Constitution has become outdated over time. The Board wants to make amendments to ensure the future sustainability of the Home.

The recent AGM was poorly attended and a quorum could not be established. The AGM was therefore postponed to 13th October.

At this meeting Chairman Roelof van Rensburg will present the Constitution and explain how it will gradually be updated and submitted for approval.

We urge parents and guardians to attend the online meeting on 13th October 2026 – we rely on your participation in this matter to keep our home sustainable.





CASA CARITAS GOLF

2026

Invite

**BE A CHAMPION ON THE COURSE & A HERO FOR OUR
COMMUNITY**

**R4000 PER FOUR-BALL
INCLUDES**

- GOLF CART
- HALFWAY MEAL
- DINNER & PRIZE-GIVING

- MYSTERY SCORING
- LONGEST DRIVE
- NEAREST TO THE PIN

THE LAKES CLUB, BENONI FRIDAY, 2 OCTOBER
SHOTGUN START - 11AM
CORPORATE SPONSOR PACKAGES AVAILABLE

- DINNER & PRIZE-GIVING
- HOLE SPONSORSHIP

MAKE SURE TO BOOK EARLY

072 107 1989
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www.casacaritas.org.za

Easy, free charity contribution

We get ± R900,00 per month from this fundraising initiative and it is easy and sustainable.

My School and Woolworths Rewards cards were discontinued from 30 June 2026. Donations for Casa Caritas shifted to Woolies My Difference. We kindly request our supporters to switch to using the virtual card on the Woolies App:

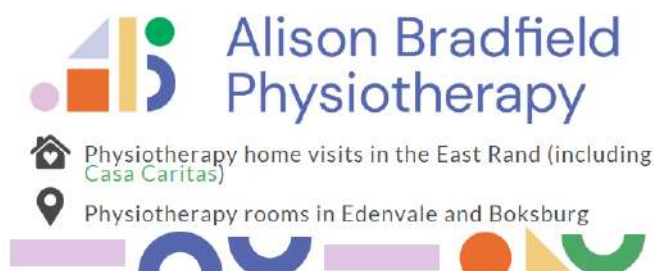
- Update to the latest version of the Woolworths App.
- Log in or register your profile.
- Tap Loyalty at the bottom of your screen.
- Under the Causes tab, search for and select Casa Caritas.
- **Remember to swipe or tap your virtual card at the till when you shop!**



CLASSIFIED ADVERTISEMENTS

Casa News is distributed widely to parents, guardians, friends, and previous donors who will notice your advertisement. Place your small business advertisement in Casa News for only R50,00 per quarter page or R200,00 per full page.

Payment to Casa Caritas, Absa Bank, Current account no 260231812, Universal branch 632005. Send the advert with proof of payment to olga@olgacoetzee.com.



Myths vs Facts about Cerebral Palsy (CP)

There are many misconceptions about CP – here's the truth:

Myth: CP gets worse over time.

Fact: CP is a lifelong condition, but it is non-progressive – the brain injury does not worsen (though physical challenges can change with age).

Myth: All people with CP have learning disabilities.

Fact: Many people with CP have average or above-average intelligence.

Myth: If someone can't speak, they don't understand.

Fact: Speech difficulties do not equal cognitive impairment. Communication challenges do not reflect intelligence.

Myth: Physiotherapy doesn't help once a child grows older.

Fact: Physiotherapy can benefit people with CP at any age.

CONTACT INFORMATION

Cell: 083 674 5750

email: therapists@alisonbradfieldphysiotherapy.com

Help us save South African teenagers with suicidal thoughts!

LIGHT · HOPE · LIFE

The Sonneblom Foundation creates awareness of FREE teenage suicide prevention services in South Africa, and also supports the children in the service of these counsellors. Teenagers in distress may text the WhatsApp number for details on the counsellor available 24/7. Save this number on your child's phone and explain that they may use it when they need to, and conversations are kept confidential.

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