



CASA NEWS

No 145, May 2026

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.



(011) 976 3457/3417



PO Box 12405, Aston Manor, 1620



ceo@casacaritas.org.za



<https://www.facebook.com/profile.php?id=61552208365616>

Acting Chief Executive Officer: Adri Kruger 072 107 1989

Parent Representative: Claus Coetzee 079 506 9089

Newsletter Editor: Olga Coetzee 082 454 2140

Farewell

Former CEO Chantell Kriel left Casa Caritas at the end of April 2026 to take care of her health. Chantell started working at Casa Caritas as Administrative Assistant in May 2019. Her love for our Home and residents, her enthusiasm, responsiveness and work ethic were soon noticed, and she was mentored by Adri Kruger to take over as CEO when Adri retired at the end of July 2023.

Chantell will be remembered for her faith, love, relentless public relations drive, creativity, communication, resilience and how inclusive and empowering she was with staff. We would like to thank her for her hard work and dedication, and we wish her a speedy recovery and Godspeed for the future. We will miss her.



Adri Kruger agreed to act in the CEO role until December while the Board is recruiting for a new CEO.

Easy, free charity contribution

It will not cost you a cent. To contribute to Casa Caritas through this initiative, all you have to do is to get a MySchool card from Woolies, or online at MySchool – if you have a Woolworths Rewards card these can be linked so that you only swipe one card. Make sure you choose Casa Caritas as your beneficiary.

Every time you swipe your card at Woolies, a percentage of your purchase will be donated to our Home. Casa Caritas currently has just over 70 supporters who swipe their My School cards at Woolworths. That simple act by the supporters raises over R900,00 in funds for us every month.



Mothers' Day

On Mothers' Day we celebrate the mothers of our residents and their second mothers who take care of them in the Home. Our staff members were very happy to receive new winter slippers for Mothers' Day. Residents Marzanne Grobbelaar (left) and Ronele Pubalakan (front) joined in the excitement.



Thank you

Anneli and Jannie Booyens donated paint for finishes in the office and entrance hall. They brought Herbert who did the painting for us. Thank you!



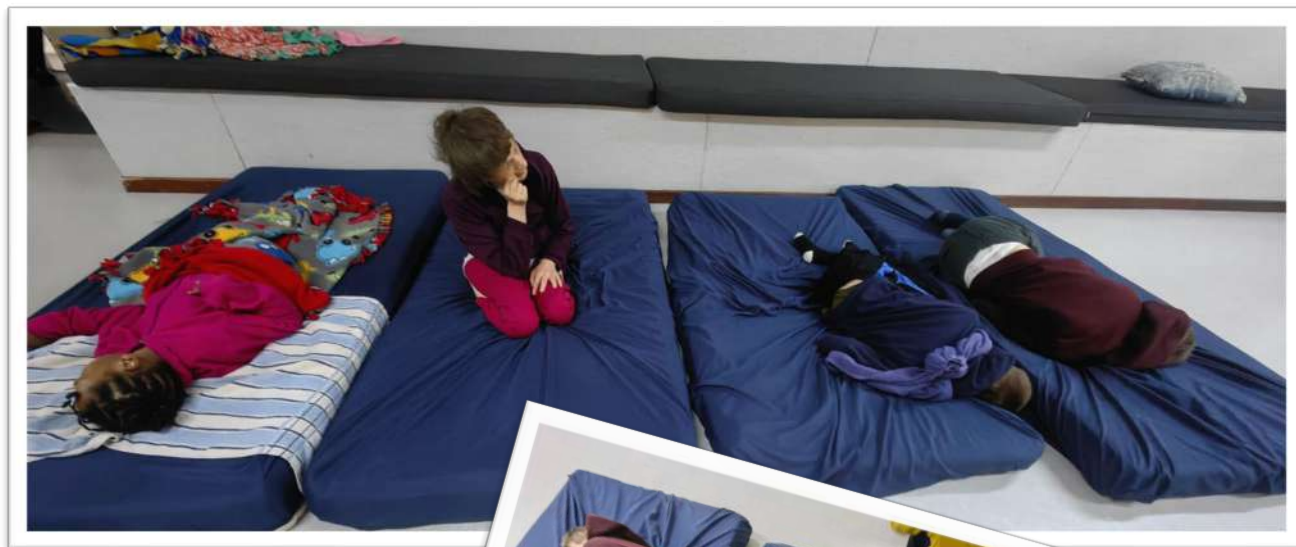
We received a generous donation of fresh fruit and vegetables from **Grow Marco**. We appreciate this contribution towards our preparation of nutritious meals for our residents. Thank you!



Brian Duthie and team from **Modderfontein Golden Oldies Club** collaborated with Chela from **Mobility Aids** to donate specialised wheelchairs for some of our residents. The handover function took place on Saturday 16 May 2026. Recipients were Jaydee Holtzhausen, Warrick Myburgh, Morné Smal, Thumelo Mphela, Ilonka Steyn and Kyle Sutton. We are deeply thankful.



We had a few donations of bed sheets in the same colour for our playroom and it is looking so much better! We would like to thank **Carli and Amanda Wepener, Lynette and friends, and Anneli Booysens** (she was also mentioned in respect of the paint donation on page 2).



Life at Casa Caritas

Life at Casa Caritas is never boring. Sometimes it is peaceful, and other times it is chaotic. We have fun and laughter. We cry together, and we pray together.



Morne Smal enjoying an afternoon nap with a ball still in his hands.



Lion King Johan van der Merwe



Casa Caritas Shredding Service: Jason Strydom got his hands on one of Ronele Pubalakan's magazines and he was clearly very happy with his handywork.



Section 18A certificates

If you have made a donation to Casa Caritas in the past financial year and require a Section 18A certificate, please email Natanya Holtzhausen at ops@casacaritas.org.za and we will gladly send this to you.

Thank you to each and every company and individual that contributes to our ability to uphold our care and standards of the Home. We don't always have everyone's details but our gratitude is great!

"Blessed are they who see beautiful things in humble places where other people see nothing." - Camille Pissarro

June wishlist

We would love to receive cot mobiles for our bedridden residents who stare at the ceiling for most of their time.

Jaya, a spiritual truth seeker, posted the following on social media:

It was reported that a movie theater displayed a short film which began with a snapshot of the room ceiling. No details, no colors. Just a white ceiling. The same scene remained displayed for 6 long minutes when the moviegoers started to get frustrated. Some complained about the film wasting their time and others started to leave. Suddenly, the camera lens slowly started to move until it reached down towards the floor. A small child who appeared handicap was lying fixed on the bed, suffering from a spinal cord tear.

The camera then pans back up to the ceiling with the following words:

"We showed you only 8 minutes of this child's daily activity, only 8 minutes from the scene that this handicap child watches at all hours of his life, and you complained and weren't patient for even 6 minutes, you couldn't bear to watch it.."

Please help us to bring some interest to these residents' days.



Winter is here!

Both these photos were taken at Casa Caritas a few weeks apart. Nature is so inspiring, and the rhythm of our lives respond to the physical world around us – in summer plants grow even on paving and we similarly grow and thrive even in rough times. In winter the plants take a break and although we go about our daily doings, we respond to nature's break by becoming cozier and more restful in the evenings. Enjoy the cozy times!



Advertising opportunity for small businesses and community services

Place your small business advertisement in Casa News for only R50,00 per quarter page or R200,00 per full page.

Casa News is distributed widely to parents, guardians, friends, and previous donors who will notice your advertisement.

Payment to Casa Caritas, Absa Bank, Current account no 260231812, Universal branch 632005.

Send the advert with proof of payment to olga@olgacoetzee.com.

Help us save South African teenagers with suicidal thoughts!

LIGHT · HOPE · LIFE

The Sonneblom Foundation creates awareness of FREE teenage suicide prevention services in South Africa, and also supports the children in the service of these counsellors. Teenagers in distress may text the WhatsApp number for details on the counsellor available 24/7. Save this number on your child's phone and explain that they may use it when they need to, and conversations are kept confidential.

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Alison Bradfield Physiotherapy



Physiotherapy home visits in the East Rand (including Casa Caritas)



Physiotherapy rooms in Edenvale and Boksburg

The causes of pressure sores:

- Constant pressure on 1 area (heels, hips, elbows)
- Not changing position regularly
- Friction /rubbing on skin in a bed or wheelchair
- Moisture from sweat or incontinence
- Poor nutrition or dehydration
- Tight or ill-fitting wheelchairs, shoes or braces

How to prevent pressure sores:

- Change positions at least every 2 hours
- Check skin daily for redness or skin breakdown
- Keep the skin clean and dry
- Have a balanced diet to keep the skin healthy
- Use pillows for pressure relief in bed/wheelchair

CONTACT INFORMATION

Cell: 083 674 5750

email: therapists@alisonbradfieldphysiotherapy.com

web: alisonbradfieldphysiotherapy.com

VACANT ROOMS CASA CARITAS 24/7 care for severely handicapped individuals

We have vacant rooms for residents and open spaces for day visitors.

Applicants should be both physically and mentally handicapped and they will be evaluated using our care protocol. For most residents Casa Caritas becomes their life-long home away from home.

Apply to ceo@casacaritas.org.za.