



CASA NEWS

No 148, August 2026

Casa Caritas is a Home that provides loving care and stimulation, either full-time or part-time, to people with severe intellectual and physical disabilities within our care protocol.



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PO Box 12405, Aston Manor, 1620



ceo@casacaritas.org.za



<https://www.facebook.com/profile.php?id=61552208365616>

Chief Executive Officer: Adri Kruger 072 107 1989

Parent Representative: Claus Coetzee 079 506 9089

Newsletter Editor: Olga Coetzee 082 454 2140

New Board Chairman

Rosita Otten resigned from the Board and Roelof van Rensburg (64) joined. At the Board Meeting of 25 August 2026 Roelof was elected as Chairman. Herman Human, who is responsible for the Financial portfolio, continues to be Deputy Chairman.

We would like to welcome Roelof back to the Board where he served as Parent Chairman up to 2016 when work took him to KZN. He retired from SAPREF in March 2022 after a long career in the Petro Chemical industry.

His involvement with Casa Caritas is firstly as parent. He and Zuna are the parents of Chris-Jan who has lived in Casa Caritas for 21 years. Since his retirement Roelof has been working as Project Manager at Elemental Analytics.

Roelof has a passion for Casa Caritas and its residents and he sees our Home as a great privilege for those who need it and those who serve it. We wish you all the best, Roelof.



Roelof and Zuna van Rensburg

VACANT ROOMS AT CASA CARITAS 24/7 care for severely handicapped individuals

We have vacant rooms for residents and open spaces for day visitors. Applicants should be both physically and mentally handicapped and they will be evaluated using our care protocol. For most residents Casa Caritas becomes their life-long home away from home.

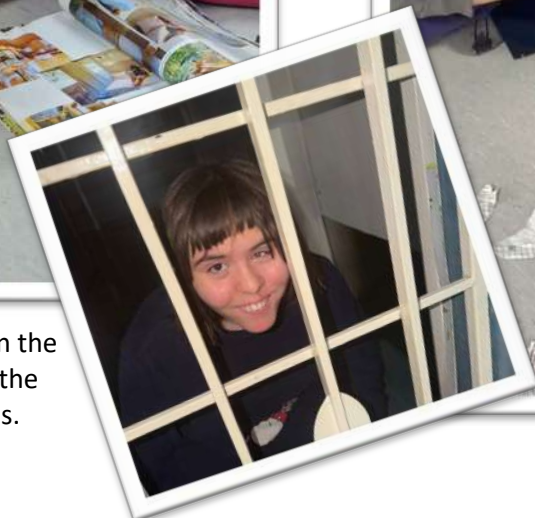
Apply to ceo@casacaritas.org.za.

Life at Casa Caritas

Our old name board was fading badly and we are happy that it could be replaced to once again display the purpose of our Home (right).

People with intellectual and developmental disabilities need **transitional objects** (commonly known as comfort items or security blankets), for emotional regulation and sensory grounding, and to adapt to change. Our residents have interesting different preferences in transitional objects. Ronelle Pubalakan (below) uses magazines as her transitional objects, always carrying one around.

Our beloved residents sometimes get up to mischief. Danny Coetzee and Jason Strydom (below right) tore up magazines while giggling away.



Alma Swanepoel had big fun the other day peeping through the gate that leads to the offices.

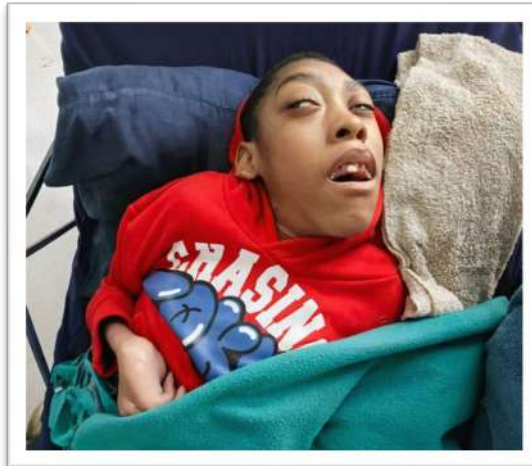
Physiotherapy

Physiotherapists Danny and Sarah at work giving Kurhula and Llizi massages for those rigid muscles.

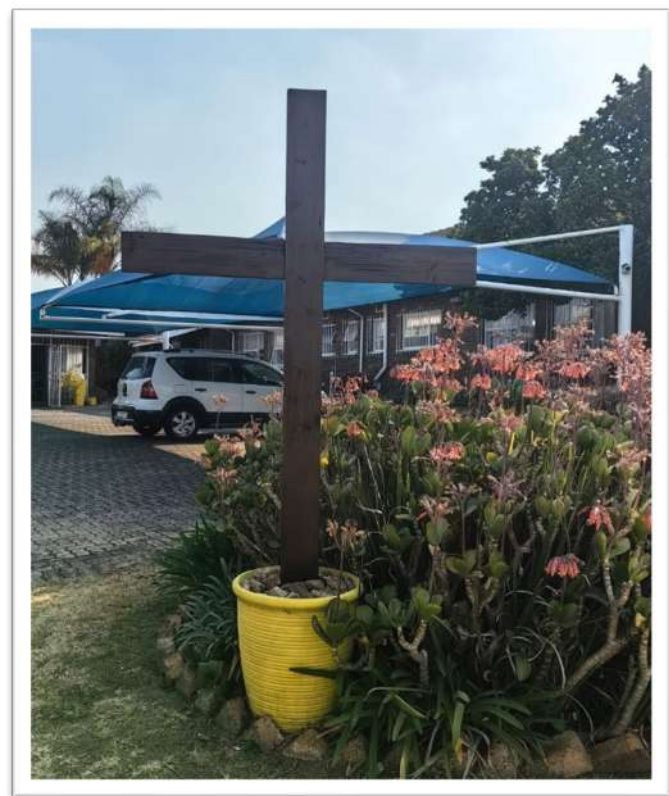


Welcome

Olwethu Buthelezi (15) joined Casa Caritas as a full-time resident this month. We would like to welcome Olwethu and his family to the Casa Caritas family. May he be blessed in our Home.



Artefacts renovation



Sone Lottering and Natanya Holtzhausen sanded, painted and planted a new cross at the entrance to Casa Caritas.

Yummy birthday cake



Reagan Walkerley was very chuffed with the birthday cake he got to share with his friends at Casa Caritas.



Princess Day

On the 21st of August we held a Princess Day. Our staff love dressing up and they were beautiful. From left to right are Sister Bongi, Busi, Zama, Bonisile, Dorcas, Mirriam, Cynthia, Thembi and Rose. In front are Abigel and Itumeleng



CEO Adri Kruger with Bonisile and Cynthia



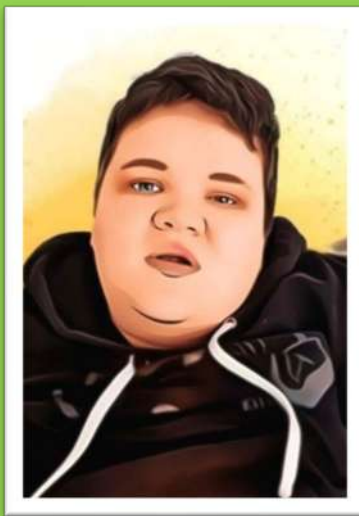
Donovan du Plessis took part in Princess Day with his Wreck it Ralph doll.



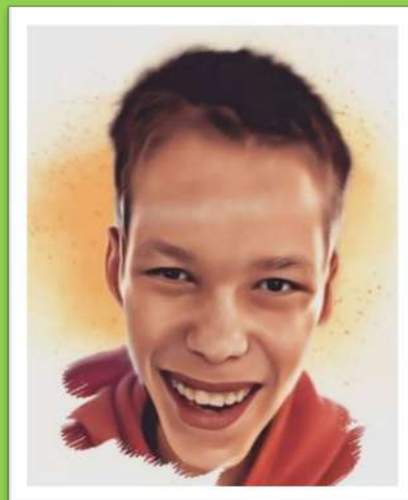
Bernice Kuter (25)
7 August 2026



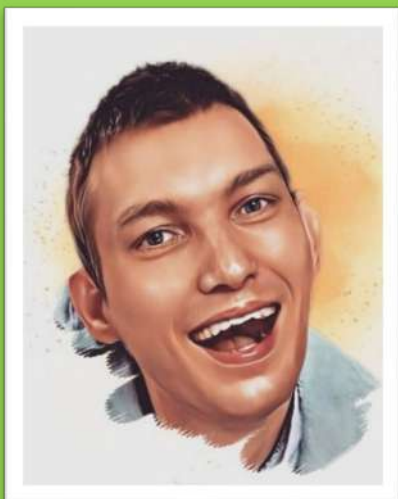
Jaqueline Brown (34)
7 August 2026



Reagan Walkerley (18)
14 August 2026



Devon Moss (32)
27 August 2026

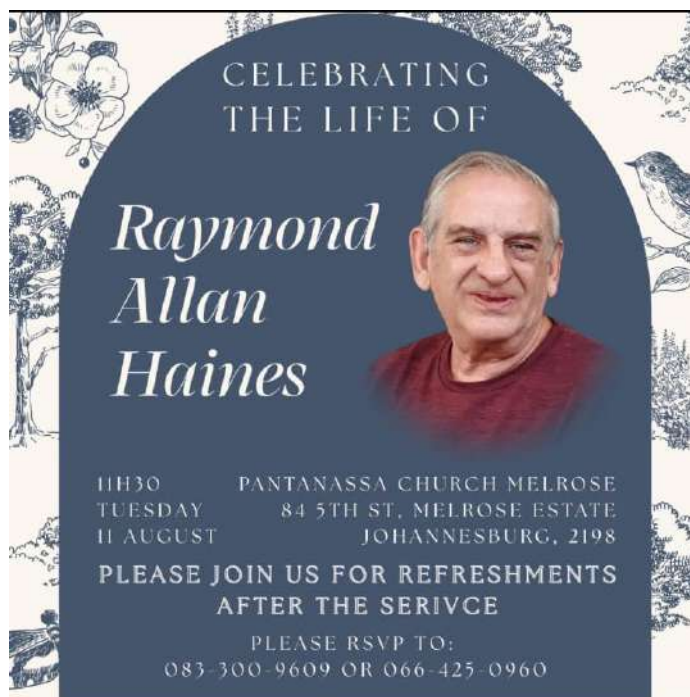


Welcome
back,
Spring and
all the
blossoms!

We missed
you!



Farewell neighbours



Our dear neighbour Uncle Raymond passed away in August. He lived next to Casa Caritas for 30 years. Rest in peace, Uncle.



Tannie Martie who lived across the street from us for 42 years, also passed away in July. Rest in peace, Tannie.

Life-long learning

Our staff regularly receive training to keep them up-to-date with new developments and to remind them of the basics, preventing them from becoming complacent. Below: Sister Bongki Ndlovu presenting a training session.



Thank you

We would like to thank our neighbours Oom Fanie and Tannie Anita De Klerk who have been involved with Casa Caritas for 27 years. Thanks for all your support and everything you do for our home.

We appreciate you!



The next project we need help with: A safe and sensory soft room

We would like to give our soft room a complete makeover. We need to create a safe, quiet and sensory space for when our residents want to relax, play and enjoy sensory activities.

The current room is sub-divided space of approximately 4.55m × 3.60m. Here is what it looks like:

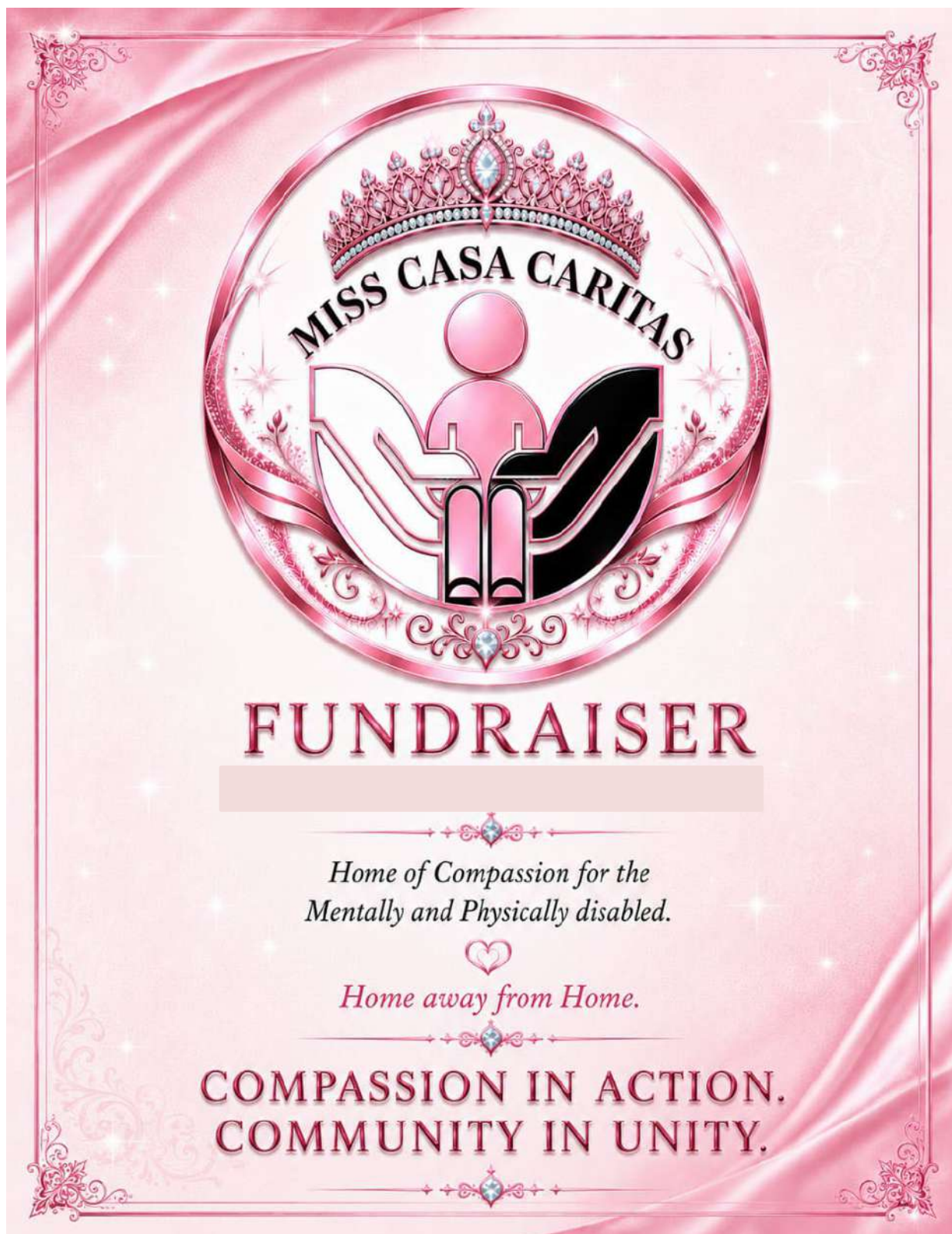


We would like to remove the dividing wall to create one larger open space. We want to install removable, washable padded flooring and add padded wall sections for extra safety. We need low-pile, washable rugs, crash pads, bean bags, and soft foam shapes and blocks for safe play and sensory activities.



Our goal is to create a warm, safe and accessible space that our residents can enjoy every day. We would appreciate donations towards making this a reality for our residents.





*Miss Casa Caritas pageant
20 September 2026
Hosted by Figures Models
School girls are invited to participate.*



CASA CARITAS GOLF

2026

Invite

**BE A CHAMPION ON THE COURSE & A HERO FOR OUR
COMMUNITY**

**R4000 PER FOUR-BALL
INCLUDES**

- GOLF CART
- HALFWAY MEAL
- DINNER & PRIZE-GIVING

- MYSTERY SCORING
- LONGEST DRIVE
- NEAREST TO THE PIN

THE LAKES CLUB, BENONI FRIDAY, 2 OCTOBER
SHOTGUN START - 11AM
CORPORATE SPONSOR PACKAGES AVAILABLE

- DINNER & PRIZE-GIVING
- HOLE SPONSORSHIP

MAKE SURE TO BOOK EARLY

072 107 1989
ceo@casacaritas.org.za
www.casacaritas.org.za

Easy, free charity contribution

We get ± R900,00 per month from this fundraising initiative and it is easy and sustainable.

My School and Woolworths Rewards cards were discontinued from 30 June 2026. Donations for Casa Caritas shifted to Woolies My Difference. We kindly request our supporters to switch to using the virtual card on the Woolies App:

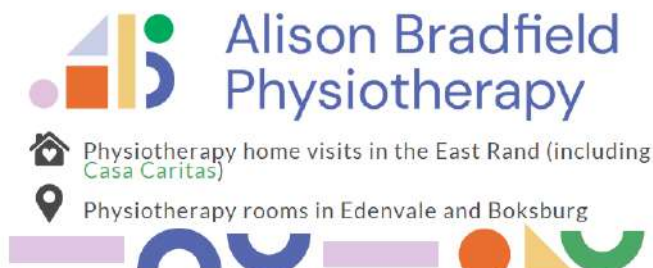
- Update to the latest version of the Woolworths App.
- Log in or register your profile.
- Tap Loyalty at the bottom of your screen.
- Under the Causes tab, search for and select Casa Caritas.
- **Remember to swipe or tap your virtual card at the till when you shop!**



CLASSIFIED ADVERTISEMENTS

Casa News is distributed widely to parents, guardians, friends, and previous donors who will notice your advertisement. Place your small business advertisement in Casa News for only R50,00 per quarter page or R200,00 per full page.

Payment to Casa Caritas, Absa Bank, Current account no 260231812, Universal branch 632005. Send the advert with proof of payment to olga@olgacoetzee.com.



Myths vs Facts about Cerebral Palsy (CP)

There are many misconceptions about CP – here's the truth:

Myth: CP gets worse over time.

Fact: CP is a lifelong condition, but it is non-progressive – the brain injury does not worsen (though physical challenges can change with age).

Myth: All people with CP have learning disabilities.

Fact: Many people with CP have average or above-average intelligence.

Myth: If someone can't speak, they don't understand.

Fact: Speech difficulties do not equal cognitive impairment. Communication challenges do not reflect intelligence.

Myth: Physiotherapy doesn't help once a child grows older.

Fact: Physiotherapy can benefit people with CP at any age.

CONTACT INFORMATION

Cell: 083 674 5750

email: therapists@alisonbradfieldphysiotherapy.com

Help us save South African teenagers with suicidal thoughts!

LIGHT · HOPE · LIFE

The Sonneblom Foundation creates awareness of FREE teenage suicide prevention services in South Africa, and also supports the children in the service of these counsellors. Teenagers in distress may text the WhatsApp number for details on the counsellor available 24/7. Save this number on your child's phone and explain that they may use it when they need to, and conversations are kept confidential.

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